

TRANSFORMATION

vitamin c complex

Supplement Facts

Serving Size 1 Level Teaspoon
Servings Per Container about 24

Amount Per Serving	% Daily Value	
Vitamin C (from sago palm and magnesium ascorbate)	1840 mg	3067%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Calcium (as calcium citrate)	100 mg	10%
Magnesium (as magnesium ascorbate)	160 mg	40%
Zinc (as zinc citrate)	5 mg	33%
Selenium (as selenium citrate)	100 mcg	143%
Chromium (as chromium polynicotinate)	50 mcg	42%
Molybdenum (as molybdenum chelazome®)	100 mcg	133%
Sodium (as sodium bicarbonate)	190 mg	8%
Potassium (as potassium citrate)	35 mg	1%
Flaxseed	250 mg	†
Hesperidin complex (25% bioflavonoids)	75 mg	†
Rutin	50 mg	†
Vanadium Citrate	20 mg	†
Alpha-lipoic acid	15 mg	†
Tzyme™ Enzyme Blend (Protease, Phytase, alpha-Galactosidase, Glucoamylase, Pectinase, Peptidase, Cellulase, Hemicellulase)	50 mg	†

† Daily Value not established

Other Ingredients: Natural red raspberry flavor

RECOMMENDED USAGE:

One (1) serving (level teaspoon) a day. Mix with 8 oz. of water or fruit juice. Usage may be increased according to need as directed by health care practitioner.

Available in bottles of 4 ounces (115 grams).

NO FILLERS/NON-ALLERGENIC

Powerful antioxidant support for the immune system*



One of the most important nutritional antioxidants, Vitamin C is critical to immune function, carnitine synthesis, and the manufacture of collagen, hydroxyproline, and certain nerve-transmitting substances and hormones. Presented in a powdered form, this Vitamin C supplement with minerals and enzymes includes an easily assimilable, buffered Vitamin C which promotes collagen metabolism and supports the immune system while also supporting the digestive system.*

- **Vitamins and Minerals.** Vitamin C Complex™ contains a high potency of natural Vitamin C from sago palm along with a unique mineral blend that buffers the Vitamin C and supports pH balance.*
- **Antioxidants.** This easily-assimilated complex includes a highly effective antioxidant blend with Alpha-lipoic acid and Rutin to help control free radicals in both the aqueous and lipophil (i.e., water- and fat-soluble) phases.*
- **Enzymes.** An enzyme blend has been included to encourage optimal absorption and delivery of the vitamins, minerals, and antioxidants.*

Health Benefits: Transformation's Vitamin C Complex™ provides nutritional support for oxidative stress, wellness, and a healthy immune system.*

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.